

IMPACT Continuing Professional Development Session For Smoking Cessation Workers

This training session will deliver information about the IMPACT Project from ASH Scotland (Action on Smoking and Health).

The IMPACT Project is funded by the Scottish Government to deliver information, advice and training on the effects of smoking on mental health to, primarily, workers in Third Sector organizations providing services to people with mental health problems. This will include specific mental health services but has also been delivered to workers and organizations wherever there are Service Users who are experiencing mental health problems.

Aim

To provide information to Smoking Cessation Workers about what the IMPACT Project is and how this is being used by workers in Third Sector and other services to have informed conversations with Service Users about the effects of smoking on mental health.

Objectives

- To understand what the IMPACT project is.
- To know why this service is being provided to Third Sector services in particular.
- To understand the Scottish Government policies which underpin this activity.
- To gain some knowledge of the effect of smoking on mental health and some commonly prescribed mental health medications.

Learning Outcomes

Smoking Cessation Workers will have a greater understanding of the Information, advice and guidance being provided to smokers with mental health problems, particularly in community-based Third Sector services.

To understand the effect that smoking tobacco has on mental health problems and some commonly prescribed mental health medications.

The course lasts 3 hours in total including a one hour e-learning module and a two hour face-to-face session and will cover:

- Recapping some facts about tobacco.
- Understanding why more people with mental health problems smoke compared to the general population.
- What the IMPACT Project is.
- Scottish Government policy which underpins the IMPACT Project.
- Information about the effect of smoking tobacco on mental health.
- The effect of tobacco smoke on some commonly prescribed mental health medications.